
LDHA Newsletter

Louisiana Dental Hygienists' Association

January 2012

President's Message

When I was going to college in the Northern Arizona University Dental Hygiene Program, I remember thinking "When I'm done here, I'm done - I'm not going back to school." At the time, I failed to realize that I had entered a profession where learning is a life-long process. I have since then realized how naïve I was. In the dental field we have an ethical and moral obligation to continually educate ourselves on the techniques, technology, and new products that are found to have the best evidence base and clinical utility. A continuing education focus should both enhance our skills and allow us to provide better care to the patients we serve. Fortunately, we live in a state and at a time when the options for continued education are many. As you know LDHA will hold our annual session "CE in the City" on March 9-10, 2012 at the Double Tree Hotel in beautiful Downtown New Orleans. This is a wonderful opportunity for us to obtain continuing education credits as well as network with fellow colleagues. This is also an opportunity for us as hygienists to have a voice in the direction we would like to see our profession move. I encourage you to take advantage of this opportunity. Please encourage your co-workers and friends who may not be a member of LDHA to get involved and attend.

I want to thank our Annual Session Chairs Carrie Daigle and Jennifer Lamkin for their hard work in orchestrating this conference. I also want to thank Debbi Mitchell our Executive Secretary as well as the LDHA Board members for their support and guidance this past year as I have served as your President. I've enjoyed the journey!

Thank you,
Tammie Nelson, RDH, BS
President, LDHA

N₂O CE Course Info

Both LSU School of Dentistry & the University of Louisiana at Monroe offer the Nitrous Oxide-Oxygen Sedation course. Check out their websites for course dates and information.

LSUSD: <https://www.lsucde.org>

ULM: <http://www.ce.ulm.edu>

Silent Auction

The LDHA will be hosting a silent auction to raise money for the ADHA Institute for Oral Health (IOH). Items will be on display on Friday for bidding. The mission of the IOH is to advance the profession of dental hygiene through scholarships, research and service in collaboration with the American Dental Hygienists' Association. The goal of this organization is to support the highest quality research and education programs in order to fulfill the mission statement of the ADHA Institute for Oral Health. To find out more about the ADHA IOH please visit <http://www.adha.org/ioh/>. IOH Raffle tickets will also be available for purchase at the LDHA Annual Session!

HYPAC

The American Dental Hygienists' Association Political Action Committee is a group of politically active ADHA members who voluntarily pool their resources to support candidates for congressional office who support the professional interests of dental hygienists and the patients they serve. The LDHA officers wanted to inform you of this group! This committee needs people like you to help support them! Please visit the website below to find out how! [Hypac.adha.org](http://hypac.adha.org) To login use the email you use for your ADHA account and the password is : hypac

Online Registration

To register please go to
<http://www.eventbrite.com/event/2590125134>

Please join us at the Louisiana Dental Hygienists' Association's 2012 Annual Session

March 9-10, 2012 – Providing Up to **10 Clinical CE Hours**
 Doubletree Hotel – 300 Canal Place, New Orleans, LA 70130
 16th Floor Ballroom overlooking the Mississippi River & Downtown Skyline!

2012 Annual Session CE Course Descriptions & Schedule

Friday, March 9, 2012

7:30 a.m. – 8:45 a.m. Registration and Continental Breakfast		
9 a.m. – 12 p.m.	Speaker: Pam Hughes, RDH, BS, MS Title: Women's Aging Complexities 2012 Oral Health Connection Part 1	CE Hours: 3 Clinical Hours
Course Description:	This course will identify the top five women's health concerns as they relate to the aging process. Link risk factors common to systemic diseases and identify oral concerns from medication use. Discuss the dental hygiene process of care in order to ensure optimal care. Explore tailored treatment protocols and product recommendations best suited for those with medical and/or oral concerns. Share credible findings from the Nurses' Health Study and the Women's Health Initiative for and about women. Continued below....	
12 p.m. – 1:30 p.m. Floor Exhibitor's Lunch – Only for attendees registered for all day Friday!		
General Business Meeting/Nominations for LDHA Officers		
12:30 p.m. – 1:30 p.m.	Speaker: Nathan Foret, Personal Financial Advisor and Associate V.P. of Ameriprise Financial Title: Planning for a Confident Retirement	CE Hours 1 Non-Clinical Hour
Course Description:	With the markets and economy changing all the time, you may feel less than confident about reaching your retirement goals. This one non-clinical hour seminar will offer tips and strategies that can help you: Plan to bring your retirement dreams and goals more within reach. Determine how much you'll need to save to reach your dreams, and find smart and sensible ways to save more. Learn ways to generate dependable income that could last through your whole retirement.	
1:30 p.m. – 2 p.m. President's Celebration		
2 p.m. – 5 p.m.	Speaker: Pam Hughes, RDH, BS, MS Title: Women's Aging Complexities 2012 Oral Health Connection Part 2	CE Hours: 3 Clinical Hours
Course Description:	Continued.... Review the impact of bacteria and inflammation in the oral cavity and throughout the body. Review and update information about established connections between oral health and systemic conditions including cardiovascular disease, diabetes, stroke, and oral bisphosphonate therapy for the osteoporosis patient. Understand the impact of the latest oral-systemic link evidence on the practice of general dentistry and present guidelines for the dental management of patients with systemic co-morbidities. Discuss the importance of bone health while treating the osteopenic and/or osteoporotic patient.	
6 p.m. "The District" After Party! Walking distance from the Doubletree - 711 Tchoupitoulas		

Saturday, March 10, 2012

7:30 a.m. – 8:30 a.m. Registration and Continental Breakfast		
8:30a.m. – 9a.m. LDHA Installation of Officers & Awards		
9a.m. – 12 p.m.	Speaker: Maria Perno Goldie, RDH, MS Title: Enamel Therapy	CE Hours 3 Clinical Hours
Course Description:	A changing paradigm in caries management has widened our decisions in dental preventive care. With terms such as "minimally invasive" and "remineralization technologies," we are faced with a new decision model in diagnosing and treating the caries disease process. This program will review the historic trends in caries control and introduce the exciting new trends in desensitization, topical fluorides, prophylaxis pastes and varnish therapies. We will: discuss trends in the management of caries in all patient profiles and age groups; identify the diagnostic changes utilized in evaluating the caries process; discuss and implement the use of the CAMBRA and other risk assessment tools; identify the practice settings and patient clientele that benefits from the remineralization therapies; discuss the latest diagnostic technology in screening and tracking caries patterns; list the key steps in the medical model in identifying and treating caries; compare and discuss the current delivery systems which contain technologies claiming enamel restoration and remineralization; evaluate and challenge the concept of "selective polishing" with consideration to remineralization benefits in prophylaxis pastes; and formulate an effective treatment plan in enamel therapy.	

And you can earn 1 more CE hour by visiting all the sponsor booths and turning in your signed card.

LDHA 2012 Annual Session Registration Information

Hotel Reservation Info

Call today and make your hotel reservations by Tuesday, February 7, 2012 for a special rate!

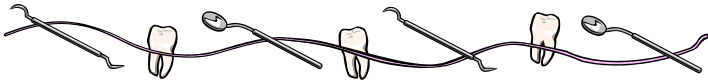


Doubletree Hotel reservation phone number:

1-800-222-Tree (8733)

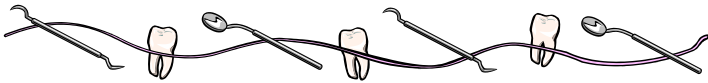
LDHA Group code for the hotel: **DHA**
Special arrangements have been made for you to get a group rate on rooms for **\$179/Single, \$179/Double, \$199/Triple, \$219/Quad, & \$358/Suite.**

In order to get the special room rate you must identify yourself as a part of the Louisiana Dental Hygienists' Association. Downtown New Orleans has lots of hotels, so please feel free to "shop around" too.



@ Silent Auction @

The LDHA will be hosting a Silent Auction to raise money for the ADHA Institute for Oral Health. Items will be on display for bidding on Friday. Please plan to make bids on some great items!



Address Change?

If you have had an address change please contact the LDHA Newsletter Editor, Christy Wilson @ ChristyRDH05@aol.com with your new home address!!!

Also, do not forget to let the Louisiana State Board of Dentistry know too!!!



Want to be in the know?

Occasionally the LDHA Executive Secretary will send out mass emails to Louisiana Hygienists. The only way to get these emails is by emailing Debbi your email address. Send your info to ldha_execsecretary@hotmail.com



"Like" the Louisiana Dental Hygienists' Association on Facebook!



Online Registration:

- To register please go to <http://www.eventbrite.com/event/2590125134>

To complete registration:

- Enclose registration form and course registration form with marked programs you are attending
- Enclose check or money order **payable to LDHA**
- Members of the ADHA **must enclose a copy of membership** for discount
- Send to: LDHA (Jill Peres)
4224 Houma Blvd. Ste 320
Metairie, LA 70006

Please Note:

- Mail in your registration!** On-site registration fee is \$15.00, which will be allocated to the legislative fund.
- Please Register Early – **Seating is limited** and applications are taken on a first come, first serve basis.
- There is a \$35.00 banking fee for all NSF checks**
- *All funds are non-refundable**
- Questions contact:
Jennifer Lamkin: salsajen2000@yahoo.com OR
Carrie Daigle: carrie_daigle@yahoo.com



HANDOUTS

You will be emailed your handouts before Annual Session! Please print these if you would like to have them to follow during the CE course. This will be the only way for you to get a copy!



Not an ADHA member?

Go to WWW.ADHA.ORG and join the organization that supports YOU!!!

